

Small group questions

Session 1

Briefly introduce yourself (name and where you are from) once you're in the small group. Then proceed to answer these questions using the process below.

1. How have you *made yourself at home* for these past 6 months? Share one or two ways you've done that.
2. How has hostility shown itself? When you've been irked, peeved, annoyed, frustrated, worked-up, angry, infuriated?
3. How have you been able to turn things to good account – responsible action? Give an example.

Session 2

What has been your experience these seven months of solitude and the cycles and rhythms of your own life?

Session 3

1. What's something you've learned through your participation in this program?
2. What's a challenge you're taking away with you?
3. To the extent you have more time, you might ask whether your participation affects anything specific you might do or not do tomorrow or in the coming week?